

Super Kids Quilts by Laurie Matthews
70.5 x 88"



The Super Kids fabric collection showcases fun and inspiring designs perfect for that little boy or girl in your life. The quilt design is composed of three different kinds of 14.5" blocks. I encourage you to begin this project by making the Super Kid Circle blocks first and then you can use the leftovers for your shield blocks. After completing the shield blocks, you can use the leftovers for the square blocks. I am including a list of the exact fabrics I used. I used Super Kids fabrics as well as Remix prints and Kona Cotton Solids. I enjoy using maximum print, pattern, and color and I don't mind having scraps leftover. That being said, you may be able to get away with using less fabric than what the "fabric needed" specifications indicate – you will just have less variety of fabrics within your quilt. This pattern is suitable for a beginner; the most difficult aspect is sashing the blocks evenly. Feel free to email me any questions at LaurieEMatthews@gmail.com. You can see more of my work at www.dresdenlane.com

Fabrics Used:

Girl	Boy
Super Kids: http://www.robertkaufman.com/fabrics/super_kids/	
Super Girls in Adventure (pink)	Super Heroes in Adventure (gray)
Super Girls in Primary	Super Heroes in Primary
Remix Prints: http://www.robertkaufman.com/fabrics/remix/	
Chevrons: Bright, Summer, Lime	Chevrons: Red, Grey, Lime, Summer, Lime
Ovals: Aqua, Lime, White,	Ovals: Red, Aqua, Lime, White
Triangles: Garden, Black	Triangles: Royal, Black
	Skinny Chevron: Celebration
Argyle: Lime, Bright	Argyle: Lime, Steel
Daisies: Garden, Summer	Confetti Dot: Royal (binding)
Little Flowers: Red, Black	
Stripe: Bright (binding)	
Kona Cotton Solids: http://www.robertkaufman.com/fabrics/kona_cotton/	
Bright Pink	Pacific
Pacific	Citrus
Citrus	Lagoon
Wisteria	Kiwi
Sour Apple	Red
Red	Black (sashing)
School Bus	
White (sashing)	



Fabric Needed:

1.5 yards worth of novelty prints: $\frac{3}{4}$ yd each of two Super Kids fabrics

4.5 yards of solids and blenders

3.25 yards of solid sashing

$\frac{3}{4}$ yard binding

4.75 yards backing

Other Materials Needed:

Sewing Machine

Thread

Batting

Posterboard

Compass

Aluminum Foil

Spray Starch

Iron

Girl Quilt only:

Fusible Web

Brightly colored thread

*Use a $\frac{1}{4}$ " seam allowance throughout the project.

Making the 5 Super Kids Blocks:



(a)

- 1) Using the compass, make a 12" circle posterboard template.
- 2) Place the template on top of the Super Kids fabric and cut a circle about .25-.5" larger than the 12" circle template (figure b). Please note that the fabric circle can be a little uneven, it will not impact the finished result.



(b)

- 3) Iron the circle with a little spray starch. Spray a little spray starch onto a piece of tinfoil that is larger than the circles. Place the fabric circle right side down onto the tinfoil. Place the template in the center of the fabric circle (figure c).



(c)

4) Fold over the tinfoil onto the circles tightly. You need to enclose the fabric circle snugly around the template as evenly as possible on all sides. When you are finished it will look like figure d:



(d)

5) Iron the edges of the tinfoil circle. Do this persistently and be careful not to burn your fingers. Allow the circle to cool. Unwrap the foil and you will see that you have created a perfect circle that is ready to be appliquéd to your background square.



(e)

6) Center your circle onto the background square. Carefully pin your circle onto the square, making sure to encase any raw edges. Sew around the edge of the circle.

7) You may decide you would like to cut out the back of the background fabric from behind the circle. Do this very carefully after making a small snip into the back of the square (f). You can use the leftover piece for other blocks within the quilt. Deciding to leave all layers in tact is fine too- although be sure to check that any pattern in the background square is not showing up within the appliquéd circle.



(f)

Making the 5 shield blocks:

(this design is in honor of the circular shields that some of the kids are holding on the Super Kids fabric)



(g)

1) Making the shield blocks is the same process as making the Super Kids Circle Blocks. You will need the same 12" circle template as well as a 10" circle and a 6" circle.

Follow the same directions to place a 12" circle onto a 14.5" square. After you have done this, place a 10" square onto the 12" circle. You can cut out the background of the 12" circle from behind the 10" circle. Next, place a 6" circle on top of the 10" circle.

If you want to place a heart on top of the 6" circle, apply fusible web onto the fabric you want to use for the heart. Cut out a simple heart shape from the fabric with the web attached. Iron the heart into the center of the 6" circle. Use your favorite appliqué stitch on your sewing machine to attach the heart.

Making the 10 square blocks:



(h)

You will need ten 7.5" squares for the center of the square blocks. I chose to cut 5 blocks each from the two Super Kids fabrics. You will need twelve 4" blocks cut from your blenders and solids to surround the novelty fabric square. To make all 10 blocks, you will need one hundred twenty 4" squares.

1) Sew two sets of squares together on one side. Press. Sew a pair on to one end of the 7.5" square. So the other pair on to the opposite end of the 7.5" square. (i)



(i)

2) Sew four 4" squares together to create a row of four squares. Repeat. Sew these units onto each side of the block.



(j)



(k)

Assembling the Quilt Top:

- 1) Begin by deciding where you want to position each of your blocks. Refer to the photos of the completed quilt within this pattern if you wish. A design wall or a place to lay out your blocks will serve you well with this task.
- 2) Cut 2.5 x 14.5" strips from your sashing fabric. You will need 15 of these strips.
- 3) Sew sashing strips to all of your blocks, attaching them into rows (1). Do not sew sashing strips to the outermost edges of your row.



(1)

- 4) Create four sashing strips that measure 2.5 x 62.5" that need to be sewn between the rows. Sew them to the rows to create your quilt top.
- 5) The final step in finishing your quilt top is adding borders. Create border strips that measure 6.5 x 62.5"* to add to the top and bottom of your quilt top. Press. Add borders to the left and right of the quilt top, the border strip should measure 6.5" x 90.5"*.

*I encourage you to measure your quilt top on all sides before creating your border strips. There may be some variability in your seam allowance and sashing that may make your quilt top smaller or bigger than my measurements. It is important to create border pieces that accommodate your quilt top size.

Finish the quilt:

- 1) Create your quilt backing, make it at least 4" bigger on all sides than your quilt top.
- 2) Quilt as desired.
- 3) Bind your quilt.

Congratulations on finishing your Super Kids quilt!

